

Aidym

(Khakas -- Central Asian)

This dance was choreographed by Roman Kozak to fit the song “Aidym”, by the Khakas performing group Ailanys, using typical central Asian movement patterns; an example can be seen in this YouTube video: <https://www.youtube.com/watch?v=UZWmfZ6qVVo>

This one is a video of the music with scenes of Khakas culture and landscape: <https://www.youtube.com/watch?v=VljO7YOKz0s>

Khakassia is located north of the point where Mongolia meets Kazakhstan, right next to Tuva, and shares the Tuvan tradition of throat singing.

Meter: 4/4

measure action

Sequence:

4 measures introduction -- no action

4 measures traveling step (repeat Fig 1, measure 1-2 twice)

4 measures Fig 4

Then repeat all the figures in sequence (Fig 1; 2; 3; 4) to end of music.

FIGURE 1 -- traveling and turns

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|-----|--|
| 1-2 | Move around the circle with a running QQS step: R-L-R, L-R-L (repeat 2 more times)
Arms are held around shoulder height (L higher when R foot starts forward, R higher when L foot is forward); hands make graceful circling motion from the wrist. |
| 3 | Turn one full turn clockwise, using a “buzz step”: step on full R foot, then up on ball of L foot; repeat a total of 4 times. Arms are held up at an angle, palms out. |
| 4 | Repeat action of measure 3 with opposite footwork and direction (turn counterclockwise) |

FIGURE 2 -- in and out

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|-----|---|
| 1-2 | Using the same footwork and arm motions as in Figure 1, measure 1-4, take 4 QQS's forward into the center of the circle |
| 3-4 | Still using same movements, take 4 QQS's backing out of the circle |

FIGURE 3 -- shimmy

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| 1 | Facing center, step R to R (ct 1), L in place (ct &), R to R (ct 2). During this measure, lean slightly forward, arms held out to side, and move shoulders forward and back (slow shimmy movement)
Still facing center, step L across (ct 3), R in place (ct &), L in place (ct 4). Keep the same arm position and shoulder movement as in measure 1, but leaning back instead of forward. |
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- 2 Turn, same as Fig 1, meas 3
 3-4 Repeat action of measures 1-4 with opposite footwork and direction

FIGURE 4 -- arm sweep

- 1-2 Facing center, step R to R (ct 1), hold, with weight on the ball of both feet (ct 2), step L across in front (ct 3), rock back onto R (ct 4).
 Meanwhile, arms do the following: Raise both arms diagonally overhead; wrists higher than hands (ct 1), hold (2), flick hands up (ct &), sweep both arms down and to L (L arm out sideways, R arm across body) (ct 3), let arms come back to neutral hanging-down position (ct 4) -- ready to sweep up again on the next ct. 1
 2 Repeat action of measure 1 with opposite footwork and direction
 3-4 Repeat action of measures 1-2 with opposite footwork and direction



Description by Catherine Rudin